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#dedoc^o voicebook
ADA 2023



83RD **SCIENTIFIC
SESSIONS**

SAN DIEGO | JUNE 23–26, 2023



Diabetes Online Community

**#dedoc° is an international community
by and for people with diabetes.**

We believe in the core principles of peer support
and the Diabetes Online Community:

#NothingAboutUsWithoutUs

#WeAreNotWaiting

#PayItForward

Our **#dedoc° voices scholarship program** enables diabetes advocates from around the world to attend conferences like ATTD, EASD and ISPAD, while our **#dedoc° symposia** and **#docdays°** have established themselves as a platform for the international voice of people living with diabetes.



Diabetes Advocate Scholarship

#dedoc° believes in the value diabetes patient advocates bring to scientific congresses.

This is why we have created the #dedoc° voices scholarship program. It provides access to some of the world's most renowned scientific conferences, ensures the presence of the voice of people living with diabetes and provides a dedicated platform for PwD, healthcare providers and industry leaders to meet and exchange.

Meet the #dedoc° voices attending ADA's 83rd Scientific Sessions in San Diego!



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Andrea Limbourg

France

Type of diabetes: Type 1

Year of diagnosis: 1997

I'm actively involved in the French Diabetes Federation and have developed peer support initiatives both locally and online. I'm currently involved in strategies to foster cooperation between HCPs and patients in all types of projects: patient education teams, community health care, digital health solutions...

Talk to me about:

Peer support, diabetes technology #Loop,
#nothingaboutuswithoutus

Let's connect

Blog: livingwithdandcd.com

Twitter: @AndreaLimbourg

Instagram: @andrealimbourg

Facebook: Andrea Limbourg





Bruno Helman

Brazil

Type of diabetes: Type 1

Year of diagnosis: 2013

I am an activist entrepreneur and marathonist, and I have been advocating for PLWD since 2017. I am affiliated with several organizations (Institute Running for Diabetes, #dedoc°, IDF, NCD Alliance, NCD Child)

Talk to me about:

Physical activity, mental health, meaningful involvement of PLWD

Let's connect

Instagram: @bruno.helman





Chelcie Rice

United States

Type of diabetes: Type 1

Year of diagnosis: 1988

Living with T1D for over 30+ yrs. Currently working towards stopping racial and social disparities in healthcare.

Talk to me about:

Diabetes, soap & music

Let's connect

Blog: The Soul of Diabetes (Podcast)

Twitter: @chelcierice

Instagram: @type1comedian

Facebook: Comedian Chelcie Rice





David Burren

Australia

Type of diabetes: Type 1

Year of diagnosis: 1982

After vocations in IT and photography, my diabetes, the tech I use, and the advocacy associated with all of that has turned in a new vocation. It's "What I Do" now!

Talk to me about:

Diabetes tech (including looping). Nature photography. Travel.

Let's connect

Blog: bionicwookiee.com

Twitter: @davidburren

Facebook: Bionic Wookiee | David Burren





Dawn Adams

Northern Ireland

Type of diabetes: Type 1

Year of diagnosis: 1993

T1D for 30 years, AndroidAPS looper, midwife and PhD researcher.

I advocate for improvements and advances in care specifically for menstruation, pregnancy & menopause.

Talk to me about:

Peer Support, Hormones, AndroidAPS

Let's connect

Blog: sugarsnap.wordpress.com

Twitter: @Moodwife | @MenopauseMither | @IdocN

Instagram: @t1dawnie

Facebook: Dawn Adams





Elena Frattolin

Italy

Type of diabetes: Type F

Year of diagnosis: 2013

Being a #dedoc° voice since the very beginning and being very much involved in national and international associations of PwD, e.g. as a board member of IDF Europe and president of the regional coordination of associations of PwD, I advocate to improve PwD lives from the very beginning of their journey and for a payers' change in mentality to make technology perceived as an investment in health, rather than a cost. I believe in lifestyle education and in psychological support when needed.

Talk to me about:

Technology, T1D in school, empowerment, peer support, Loop, PwD rights

Let's connect

Twitter: @elenafrattolin

Instagram: @elena_frattolin

Facebook: Elena Frattolin





Jazz Sethi

India

Type of diabetes: Type 1

Year of diagnosis: 2009

My mission is to change the way people 'look at type 1 diabetes' and the way people 'live with it' through using my voice to create a meaningful and sustainable impact.

Talk to me about:

Dance, Taylor Swift, Advocacy

Let's connect

Blog: www.diabesties.foundation

Twitter: @jazzsethi95

Instagram: @jazzsethi

YouTube: @diabesties1





Jean Langford

Scotland

Type of diabetes: Type 1
Year of diagnosis: 2006

I started blogging about diabetes and the challenges I was having in 2019. I was soon made aware that the challenges weren't unique to me and began advocating for diabetes care, education, staff and services in 2020 in Ireland with Midwest Diabetes. I have been a #dedoc^o voice since 2022, IDF Europe YLL alumni, IDF Europe's Youth Coordinator, Diabetes Scotland's lead volunteer for Edinburgh. I am currently studying my masters in Dietetics.

Talk to me about:

Access to tech, diabetes specialist education & services, diabetes & mental health, diabetes & women's health

Let's connect

Twitter: @DiaBeingMindset

Instagram: @the_dia_being_mindset

Facebook: Jean Langford

TikTok: @The_Dia_Being_Mindset





Linxi Mytkolli

Canada

Type of diabetes: Type 1

Being diagnosed with diabetes as an adult and during the pandemic was disorientating to say the least. Having a background in youth engagement and participatory research, I jumped into doing diabetes research in youth mental health to help me cope with my new reality. I loved it so much that I now work in diabetes, leading patient partnership in diabetes research in Canada. I work to ensure that people with lived experience are involved in every step of research: from co-investigators, to co-presenters at conferences!

Talk to me about:

Youth engagement, mental health, participatory research, dance!

Let's connect

Instagram: @lmytko





Michelle Law

United Kingdom

Type of diabetes: Type 1

Year of diagnosis: 2007

I've had type 1 diabetes since I was 26. I've been active on Twitter and on my blog pumpsandpricks.com since 2018.

Talk to me about:

Technology, emotional support, and access

Let's connect

Blog: pumpsandpricks.com

Twitter: [@MichelleLawT1D](https://twitter.com/MichelleLawT1D)

Instagram: [@pumpsandpricks](https://www.instagram.com/pumpsandpricks)





Nupur Lalvani

India

Type of diabetes: Type 1

Year of diagnosis: 1996

Founder at Blue Circle Diabetes Foundation, India's largest patient led community for people with all types of diabetes

Talk to me about:

Community, food, sport

Let's connect

Blog: www.bluecircle.foundation

Twitter: @NupurLalvani | @bluecirclediab

Instagram: @nupurlalvani |

@bluecirclediabetesfoundation

Facebook: Blue Circle Diabetes Foundation

YouTube: @BlueCircleDiabetesFoundation





Paul-Louis Fouesnant

France/Madagascar

Type of diabetes: Type 1

Year of diagnosis: 1998

6 years ago I initiated a coalition of local and international partners in Madagascar with the goal of delivering access to type 1 diabetes care to an underserved population. More than 350 young people receive access to diabetes care free of charge over the country and the number is increasing every month.

Talk to me about:

Access to care, communities, social innovation

Let's connect

Instagram: @paulloisfouesnant

Facebook: Diab' Mouv



Team #dedoc°
at ADA 2023



Bastian Hauck

Founder & CEO

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Stephanie Haack

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Renza Scibilia

Head of Advocacy

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Nathalie Bauer

Project Manager #dedoc° voices

nathalie@dedoc.org



We thank our partners
for supporting the
#dedoc^o voices scholarship
program at ADA 2023!

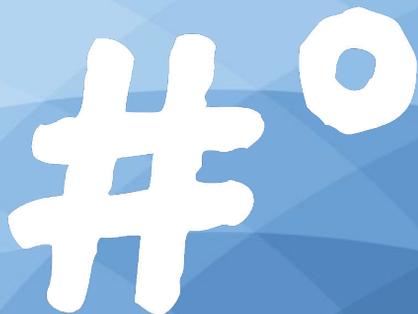
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